


WEEK 1

① Choose from...	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Beef Burger to go with Potato Wedges, Baked Beans	French Bread Peperoni Pizza to go with Side Salad, Sweetcorn	Roast Chicken (H) to go with Carrots, Mashed Potato. Peas, Gravy	Chicken Tikka Masala (H) to go with Naan Bread, Wholegrain Rice	Southern Baked Chicken (H) to go with Chips, baked Beans
Vegetarian	Southern baked vege burger to go with Potato Wedges, Baked Beans	French Bread Pizza to go with Side Salad, Sweetcorn	Quorn Roast to go with Carrots, Mashed Potato. Peas, Gravy	Sweet Potato & Lentil Tagine to go with Naan Bread, Wholegrain Rice	Bang Bang Cauliflower to go with Chips, baked Beans
Combo	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
↓ ② ...and to finish	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection
 Bread and Salad will be available at Lunch Times	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits

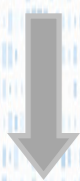
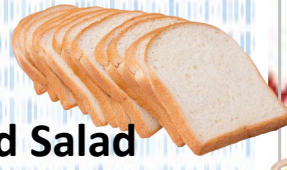
Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

WEEK 2

① Choose from...	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Macaroni Cheese to go with Green Salad, Baked Beans	Chicken Meatballs to go with Mashed potato, Peas & sweetcorn Gravy	Pork Sausage to go with Baton Carrots, Roast Potato, Gravy	Chicken Tikka Masala (H) to go with Naan Bread, Turmeric Rice	Southern Baked Chicken (H) to go with Chips, Peas, Gravy
Vegetarian	Vegetarian Frittata to go with Green Salad, Baked Beans	Vegetarian Bolognese to go with Mashed potato, Peas & sweetcorn Gravy	Cauliflower Bake to go with Baton Carrots, Roast Potato, Gravy	Vegetable Stir-Fry to go with Noodles, Naan Bread	Vegan Nuggets to go with Chips, Peas, Gravy
Combo	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
↓ ② ...and to finish	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection
 Bread and Salad will be available at Lunch Times	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits

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WEEK 3

① Choose from...	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Beef Chilli Tacos (H) to go with Mixed Rice, Sweetcorn	Hot Dog & Onions to go with Seasoned Wedges, Sweetcorn	Roast Beef & Yorkshire Pudding (H) to go with Mixed Veg, Roast Potatoes, Gravy	Chicken Balti (H) to go with Naan Bread, Turmeric Rice	Southern Baked Chicken (H) to go with Baked Beans, Chips
Vegetarian	Vegetarian Chilli Tacos to go with Mixed Rice, Sweetcorn	Vegetarian Hot Dog to go with Seasoned Wedges, Sweetcorn	Quorn Fillet to go with Mixed Veg, Roast Potatoes, Gravy	Bombay Potato Curry to go with Naan Bread, Turmeric Rice	Falafel & Spinach Burger to go with Baked Beans, Chips
Combo	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans
 ...and to finish	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection	Cake & Cookie selection
②  Bread and Salad will be available at Lunch Times	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits	Fresh Fruit Bar, Homemade Yoghurts, Cheese and Biscuits

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