## Year 8 Remote Learning 1<sup>st</sup> February 2023

You have five remote lessons to complete today.

Each lesson is listed below.

You need to watch the lesson video for each subject and complete the work set by the teacher.

Each lesson links either to work you have been doing in school, a topic that your teachers want you to practice or an introduction to a new topic that you will be learning about in school later this term.

	Lesson topics:	Lesson instructions
English	Rhetoric: Writing rhetoric	Click on the link below and follow the instructions of the
		teacher in the video.
	In this lesson, we will secure our understanding of what it means to use	
	effective rhetoric, and create a winning template that ensures all of our	https://classroom.thenational.academy/lessons/use-a-
	arguments are water-tight.	rhetoric-framework-for-writing-6tjpad
Maths	Forming and solving equations	Click on the link below and follow the instructions of the
		teacher in the video.
	In this lesson, we will look at the different values that expressions can	
	take, and how changing a variable can change the value of the	https://classroom.thenational.academy/lessons/expressions-
	expressions.	and-variables-ccrk6d
Science	Chemical Reactions	Click on the link below and follow the instructions of the teacher in the video.
	In this lesson we will be learning about indicators of a chemical reaction	
		https://continuityoak.org.uk/Lessons?r=2096
		Worksheet: <a href="https://continuityoak.org.uk/Lessons?r=3277">https://continuityoak.org.uk/Lessons?r=3277</a>
		Exit Quiz Questions:
		https://continuityoak.org.uk/Lessons?r=10999



PSHE	Internet safety and harms: Body Image	Click on the link below and follow the instructions of the
	In this lesson we will define body image and understand how our perception of our body impacts our feelings and thoughts.	teacher in the video. <u>https://classroom.thenational.academy/lessons/body-</u> <u>image-introduction-c4r62r</u>
Physical Education	How can monitoring heart rate be used to improve fitness? In this lesson, we will learn how to take a basic heart rate measurement and track how it changes throughout physical activity. We will explore how to interpret the data collected and how it applies to physical fitness.	Click on the link below and follow the instructions of the teacher in the video. https://classroom.thenational.academy/lessons/how-can-monitoring-heart-rate-be-used-to-improve-fitness-70tpae